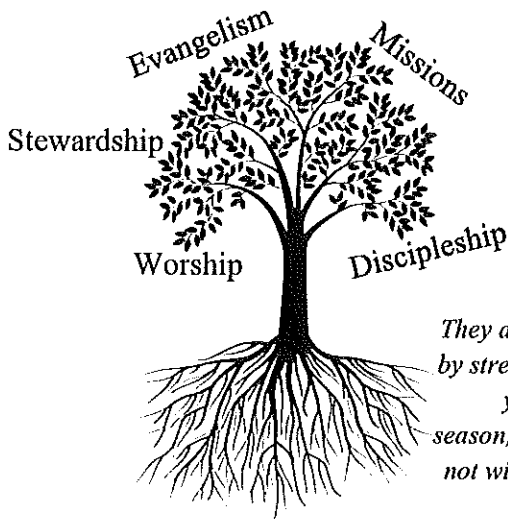


YORK RIVER DISTRICT PRAYER GUIDE

Rooted in Prayer, Bearing New Fruit



*They are like trees planted
by streams of water, which
yield their fruit in its
season, and their leaves do
not wither. In all that they
do, they prosper.*

– Psalm 1:3

Guide for Prayer

Bishop Cho has requested our churches and members to be a people of prayer. Leadership on the District are encouraging our churches to be actively moving to praying faithfully and fasting as the Lord leads you for the prayer requests found in this guide. We join our voices together as we pray in these specific ways for God's work to be accomplished on our District and in the Virginia Conference.

“For where two or three come together
in my name, there am I with them.”

Matthew 18:20 (NIV)

Father, in the name of Jesus, this is the confidence that we have in You; that, if we ask anything according to Your will, You hear us; and since we know that You hear us, whatsoever we ask, we know that we have the petitions that we desire of you. Amen. (Prayer based on 1 John 5:14-15)

Scriptural Bases for Prayer

1 Thessalonians 5:17 “pray without ceasing”

Ephesians 6:18 “Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints.”

Matthew 21:13 “My house shall be called a house of prayer...”

Persistence in prayer:

Luke 11:8; Luke 18:6-7; Colossians 4:2;
1 Thessalonians 5:17

Sample of Prayers found in Scripture:

Romans 1:8-10; 16:20
Ephesians 1:15-20; 3:13-21 Philippians 1:2-7
Colossians 1:3-14 (verses 9-14 especially)
1 Thessalonians 1:2-3; 3:9-13

Prayer is a relationship with Christ, a union resulting from Jesus’ work on the cross that grants us the privilege of being members of God’s family. In a true relationship, communication is two sided – speaking and listening – as in a family.

Prayer has many different forms each serving different purposes:

Confession for sin because sin is offensive to God we will want to confess it and keep the relationship at its best. See Psalm 51:1-4, 10, 12; 1 John 1:9

Praise is our response to who God is and to all of God’s attributes and character. See Psalm 145:3-7

Prayer is also **worship**. Worship is loving God, adoring and honoring all that God is. See Psalm 42:1 -2.

Thanksgiving prayer is seen in Psalm 136:1, 6, 23-24, 26.

Thanksgiving acknowledges that everything we have comes from God.

Prayer takes on two general natures: first, prayer that is offered for yourself is called **petitioning** prayer; and second, prayer offered on behalf of others is called **intercession**

DAILY PRAYER REQUEST

The Following are to be Prayed Each Day

- That our District Churches would “Live a Life of Worship”
- For the District Churches to have prayer as a priority
- For MORE of God’s manifest presence to permeate every aspect of the life in the York River District.
- Pray for the kingdom of God to erupt in revival in the Virginia Conference
- For the peace of God and the unity of the Spirit to reign in the fellowship of our churches.
- For God’s provisions for the work of God’s Kingdom both in local congregations and in the mission beyond.
- For God’s provisions for the equipping of all God’s people for the work for which God has called them to accomplish.
- For the Holy Spirit to work in the hearts of the people in sanctifying grace
- May the York River Church be about the same priorities as Christ – salvation, healing, and ministry

Prayers from Paul found in Romans 15:5-6, 13 NRSV

“May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ....May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.”

SUNDAY
Celebrating “Little Easter”

A reminder, in the Christian Church every Sunday is a celebration of Easter, thus it can be called a “Little Easter.

Pray for Our Churches

- That worship be Spirit led and anointed
- For the Holy Spirit to open hearts and minds to be receptive and responsive
- For the salvation of the lost; for fulfilling worship; caring fellowship; for sincere discipleship and Christian service

Offer Prayers of Thanksgiving

- For all Christian pastors who accepted the call and proclaim our risen Lord, Jesus Christ
- For all who have accepted God’s offer of salvation
- For all Christian missionaries who offer Christ in word and actions around the world
- For all the faithful persons whose gifts and services support the building of the Kingdom of God

Pray for Christian Seminaries and Colleges

- For the preparation of Christian workers
- For the accurate teaching of God’s Word
- For professors who love Christ, have a heart after God, and are filled with God’s Holy Spirit
- For the necessary financial support to allow these schools to be accessible to all called by God into full time Christian vocation
- For God’s voice to be heard by those God desires to be in full time Christian service

Pray for Christian Education

- At all Christian churches for the truths of God to be taught to all ages
- For God to raise up godly men and women as Christian educators at all levels: infants through adults
- Pray for Christians everywhere to manifest the presence of Christ in their lives that others will come to know Him

MONDAY

Fulfilling Worship

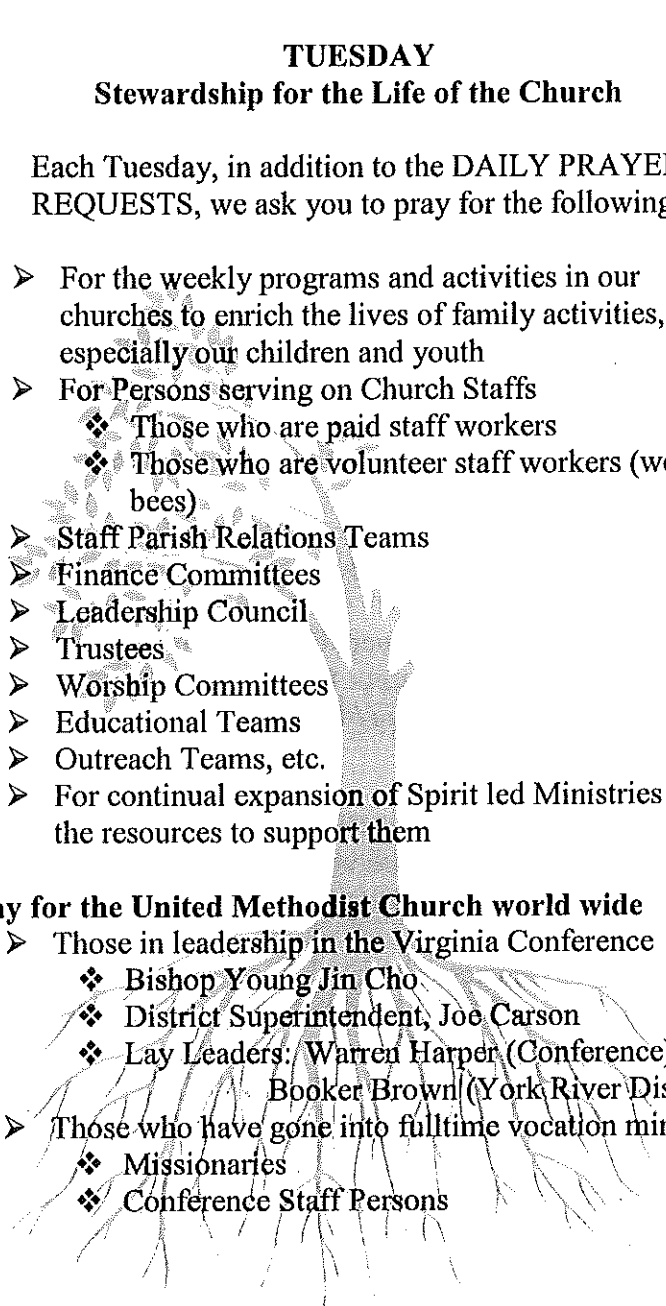
Each Monday, in addition to the DAILY PRAYER REQUESTS, we ask you to pray for the following:

- For God's guidance, blessing, and financial support
- For God's guidance and wisdom for the District Churches in discovering and implementing God's programs in their churches
- For visitors that come to our churches to feel welcomed and their follow up contacts friendly and further inviting
- For the Holy Spirit to work in and through the worship service and message to impact peoples' lives for Jesus Christ
- That those who worship in our churches will know the mind and heart of Christ and be prepared to follow the leading of the Holy Spirit

Pray for the Persecuted Church

- Protection for those who are being persecuted
- Grace and strength for those being persecuted and for their families
- That the persecutors will become hungry for the Truth of God's Word and that God will turn their hearts to repentance and salvation
- That the church will have open doors in now banned places to preach the Gospel with wisdom and love

Philippians 1:9-11 "And this is my prayer, that your love may overflow more and more with knowledge and full insight to help you to determine what is best, so that in the day of Christ you may be pure and blameless, having produced the righteousness that comes through Jesus Christ for the glory and praise of God." NRSV



TUESDAY
Stewardship for the Life of the Church

Each Tuesday, in addition to the DAILY PRAYER REQUESTS, we ask you to pray for the following:

- For the weekly programs and activities in our churches to enrich the lives of family activities, especially our children and youth
- For Persons serving on Church Staffs
 - ❖ Those who are paid staff workers
 - ❖ Those who are volunteer staff workers (worker bees)
- Staff Parish Relations Teams
- Finance Committees
- Leadership Council
- Trustees
- Worship Committees
- Educational Teams
- Outreach Teams, etc.
- For continual expansion of Spirit led Ministries and the resources to support them

Pray for the United Methodist Church world wide

- Those in leadership in the Virginia Conference
 - ❖ Bishop Young Jin Cho
 - ❖ District Superintendent, Joe Carson
 - ❖ Lay Leaders: Warren Harper (Conference)
Booker Brown (York River District)
- Those who have gone into fulltime vocation ministry:
 - ❖ Missionaries
 - ❖ Conference Staff Persons

WEDNESDAY
Evangelism – for the Kingdom of God

Each Wednesday, in addition to the DAILY PRAYER REQUESTS, we ask you to pray for the following:

Pray for the peace of Israel and the Middle East

- Pray that the veil be lifted from the eyes of the Jews and the Muslims
- Pray that non-Christians around the whole world may see Christ and believe

Pray for our president, his cabinet, and leaders

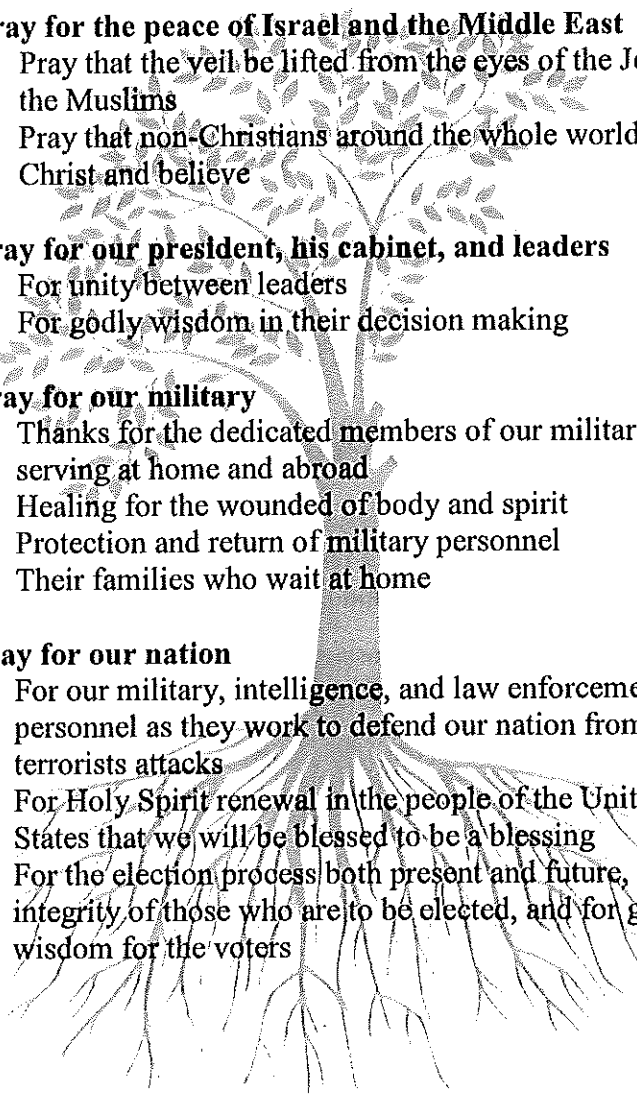
- For unity between leaders
- For godly wisdom in their decision making

Pray for our military

- Thanks for the dedicated members of our military serving at home and abroad
- Healing for the wounded of body and spirit
- Protection and return of military personnel
- Their families who wait at home

Pray for our nation

- For our military, intelligence, and law enforcement personnel as they work to defend our nation from terrorists attacks
- For Holy Spirit renewal in the people of the United States that we will be blessed to be a blessing
- For the election process both present and future, for the integrity of those who are to be elected, and for godly wisdom for the voters



THURSDAY

God Directed Mission

Each Thursday, in addition to the DAILY PRAYER REQUESTS, we ask you to pray the following:

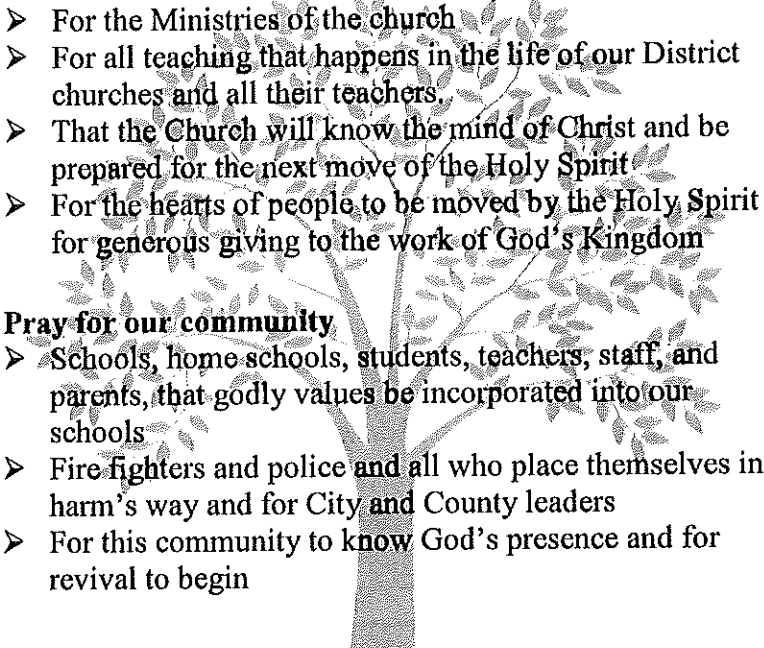
- Pray for upcoming Sunday service – for the pastors, for each person that attends, for seekers, and for the lost
- Pray for protection for the church from worldliness and cultural trends that lead worshipers astray
- Pray for the Holy Spirit to continue the work began in salvation in believers to bring them to full commitment to Christ and His Kingdom

Pray for outreach programs, missions, and world evangelism

- God to use the outreach ministries of our Churches to touch lives of people in our District and Conference and our mission fields
- God's financial blessings sufficient to provide for missions, missionaries, and world evangelism efforts
- For Ministries and their outreach to the homeless
- For Food Banks and other such missions
- Missions of the U.M.C.
- Mission Society
- For Good News Jail and Prison Ministry and other jail and prison ministries
- For the Missionaries of the Virginia

FRIDAY
Discipleship for All Ages

Each Friday, in addition to the DAILY PRAYER
REQUESTS, we ask you to:

- 
- For the Ministries of the church
 - For all teaching that happens in the life of our District churches and all their teachers.
 - That the Church will know the mind of Christ and be prepared for the next move of the Holy Spirit
 - For the hearts of people to be moved by the Holy Spirit for generous giving to the work of God's Kingdom

Pray for our community

- Schools, home schools, students, teachers, staff, and parents, that godly values be incorporated into our schools
- Fire fighters and police and all who place themselves in harm's way and for City and County leaders
- For this community to know God's presence and for revival to begin

Ephesians 3:14-19 "For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God." NRSV

SATURDAY

Pray for our Peninsula District Pastors & Churches

District Superintendent	Joe Carson
Aldersgate	David Cook
Asbury	Myles Pierson
Bellamy	Kenneth Stephen Waclo
Benn's	Orville H. (O.H.) Burton
Bethany (Gloucester Point).....	Debbie Marion
Bethany (Hampton).....	Arthur Rajanayakam
Bethany (Isle of Wight)	Lowell Petry
Bethel – St. Matthew	Robert Ulmer
<i>Bethel & St. Matthew</i>	
Bethlehem	Carol Bookwalter
Beulah – St. Paul.....	Dede Parrish
<i>Beulah & St. Paul</i>	
Central (Hampton)	Charles Beard
Central (Mathews)	Suzanne Gibson
Chestnut Memorial	Bob Gochenour
Christ.....	Tom Tipton
Clarksbury.....	Eric Vaudt
Crooks Memorial	Lisa Barbery
East Hampton.....	Ed Merry
First (Fox Hill)	Brian Sixbey
First (Hampton).....	Michael Nelson
First (Newport News)	Robert Haley
Fox Hill Central	Wayne Moore
Gloucester – Mathews	Donald Warrick, Jr.
<i>Locust Grove & Mt. Zion</i>	
Grace.....	Steven Barbery
Holy Cross International.....	Yoon-Seok Choi
Lower	Barry Burkholder
Mathews Chapel	Harry Loyd
Memorial.....	Darcey Johnson
Middlesex.....	Geraldine Burkholder
<i>Forest Chapel & Old Church</i>	
Mount Vernon.....	David Craig
New Hope	Brian Siegle

New Kent Charge	Larry Brayton
<i>Tabernacle & Pamunkey</i>	
New Town	David Ford
Noland-Trinity Charge	Jenny Day
<i>Noland & Trinity</i>	
Oak Grove – Riverview Charge	Leon Basham, Jr.
<i>Oak Grove & Riverview</i>	
Parkview	Tim Porter
Phoebus.....	Bob Rough
Providence	Douglas Akers
Salem (Mathews).....	William John, Jr.
Salem – Olive Branch.....	Rita Staul
<i>Salem & Olive Branch</i>	
Shackelfords Chapel.....	Charles McHose
Singleton.....	Calvin Griffin
St. James	Dwight Hughes
St. Luke’s.....	Doug Gestwick
St. Luke’s - Associate.....	Clara Gestwick
St. Mark’s	Roy White
Susanna Wesley.....	Garry Livermon
Tabernacle	Barry Throckmorton
Trinity (Isle of Wight)	Jeff Cannon
Trinity (Poquoson).....	Charles Stacy
Urbanna	Hyung Il Moon
Uzzell.....	Becky Gwaltney
Wallace Memorial	Kevin Stefano
Warwick Memorial.....	Regina Anderson-Cloud
Warwick Memorial.....	Bert Cloud
Wellspring	Edward Hopkins
Wesley	Jason Snow
West Mathews	David Magruder
<i>Emmanuel & Grace Providence</i>	
West Point	Melody Tanner
Williamsburg	Bill Jones
Williamsburg – Associate.....	Kay Barré
Williamsburg – Congregational Care.....	Helen Casey-Rutland
Woodland	Michael Harrington
Zion.....	Kathy Gochenour

Spiritual Cleaning of Your Life
Adapted from *Discipleship Journal*, Issue 107

What am I grumbling about?

Philippians 2:14

Do I have habits that irritate others?

Song of Solomon 2:15

Romans 15:1

Do I justify certain indulgences?

Luke 8:14

Revelation 2:4

Am I too busy to read God's Word daily?

Psalm 119:147-148

Acts 28:17

Have I wrongly offended someone?

Matthew 5:22-24

What am I selfish about?

1 Corinthians 10:24; 13:5

Do my conversations always honor God?

Psalm 3:30

1 Peter 2:21-22

Do my media choices always honor God?

Psalm 101:2-3

Philippians 4:8

Do I procrastinate?

1 Chronicles 28:20

Proverbs 22:13